

Pion–nucleon scattering: from chiral perturbation theory to Roy–Steiner equations

Bastian Kubis

Helmholtz-Institut für Strahlen- und Kernphysik (Theorie)
Bethe Center for Theoretical Physics
Universität Bonn, Germany

M|E|S|O|N | 2 | 0 | 1 | 6

Outline

Why is pion–nucleon scattering important?

Chiral perturbation theory

- phase shift analyses with chiral amplitudes

A new dispersive analysis: Roy–Steiner equations

- phase shifts, σ -term, and low-energy constants

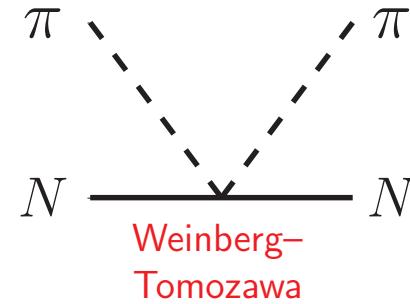
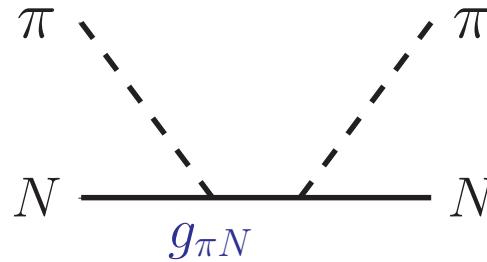
in collaboration with M. Hoferichter, J. Ruiz de Elvira, and U.-G. Meißner

PRL 115 (2015) 092301, PRL 115 (2015) 192301,

Phys. Rept. 625 (2016) 1, arXiv:1602.07688

Chiral pion–nucleon interaction

- simplest process for chiral pion interaction with nucleons



- leading-order $\mathcal{O}(p) = \mathcal{O}(M_\pi)$ predictions for πN :
scattering lengths:

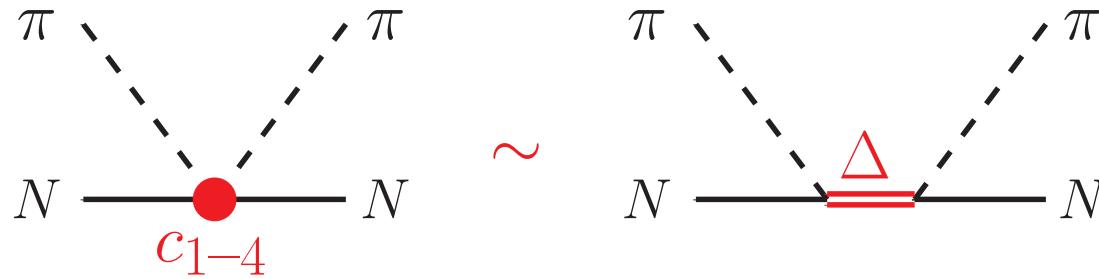
$$a^- = \frac{M_\pi m_N}{8\pi(m_N + M_\pi)F_\pi^2} + \mathcal{O}(M_\pi^3) \quad a^+ = \mathcal{O}(M_\pi^2)$$

Weinberg 1966

Goldberger–Treiman relation: $g_{\pi N} = \frac{g_A m_N}{F_\pi}$

Chiral pion–nucleon interaction

- simplest process for chiral pion interaction with nucleons



- next-to-leading order $\mathcal{O}(p^2)$: low-energy constants (LECs) c_{1-4} effectively incorporate effects of the $\Delta(1232)$ resonance:
low mass $m_\Delta - m_N \approx 2M_\pi$ and **strong couplings**
- determination of c_i very important for **nuclear physics**:
 πN important for NN / determines longest-range $3N$ forces



The pion–nucleon σ -term

- scalar form factor of the nucleon:

$$\langle N(p') | \hat{m}(\bar{u}u + \bar{d}d) | N(p) \rangle = \sigma(t) \bar{u}(p') u(p) \quad t = (p - p')^2$$

$$\sigma_{\pi N} \equiv \sigma(0) = \frac{\hat{m}}{2m_N} \langle N | \bar{u}u + \bar{d}d | N \rangle \quad \hat{m} = \frac{m_u + m_d}{2}$$

- $\sigma_{\pi N}$ determines light quark contribution to nucleon mass:
Feynman–Hellmann theorem

$$\sigma_{\pi N} = \hat{m} \frac{\partial m_N}{\partial \hat{m}} = -4c_1 M_\pi^2 + \mathcal{O}(M_\pi^3)$$

→ at leading order, related to the chiral coupling c_1

- $\sigma_{\pi N}$ determines scalar couplings wanted for
direct-detection dark matter searches e.g. Ellis et al. 2008

Extracting LECs from pion–nucleon scattering

Mojžiš 1997, Fettes et al. 1998–2000, Ellis et al. 1998–2003

Alarcón et al. 2011–2013, Chen et al. 2013, Krebs et al. 2012, Gasparyan, Lutz 2010

Strategy:

- fit results of phase shift analyses:
 - ▷ Karlsruhe–Helsinki (KH) → dispersion theory based
Koch, Pietarinen 1980, Höhler 1983
 - ▷ GWU/SAID (GW) → modern data input Workman et al. 2012
 - ▷ Matsinos et al. (EM) Matsinos et al. 2006

Extracting LECs from pion–nucleon scattering

Mojžiš 1997, Fettes et al. 1998–2000, Ellis et al. 1998–2003

Alarcón et al. 2011–2013, Chen et al. 2013, Krebs et al. 2012, Gasparyan, Lutz 2010

Strategy:

- fit results of phase shift analyses:
 - ▷ Karlsruhe–Helsinki (KH) → dispersion theory based
Koch, Pietarinen 1980, Höhler 1983
 - ▷ GWU/SAID (GW) → modern data input
Workman et al. 2012
 - ▷ Matsinos et al. (EM)
Matsinos et al. 2006
- # of parameters: $\mathcal{O}(p^2)$: 4 c_i
 $\mathcal{O}(p^3)$: 4 d_i (+ d_{18} from GT discrepancy)
 $\mathcal{O}(p^4)$: 5 e_i
- use chiral low-energy theorems to extract $\sigma_{\pi N}$

Extracting LECs from pion–nucleon scattering

Mojžiš 1997, Fettes et al. 1998–2000, Ellis et al. 1998–2003

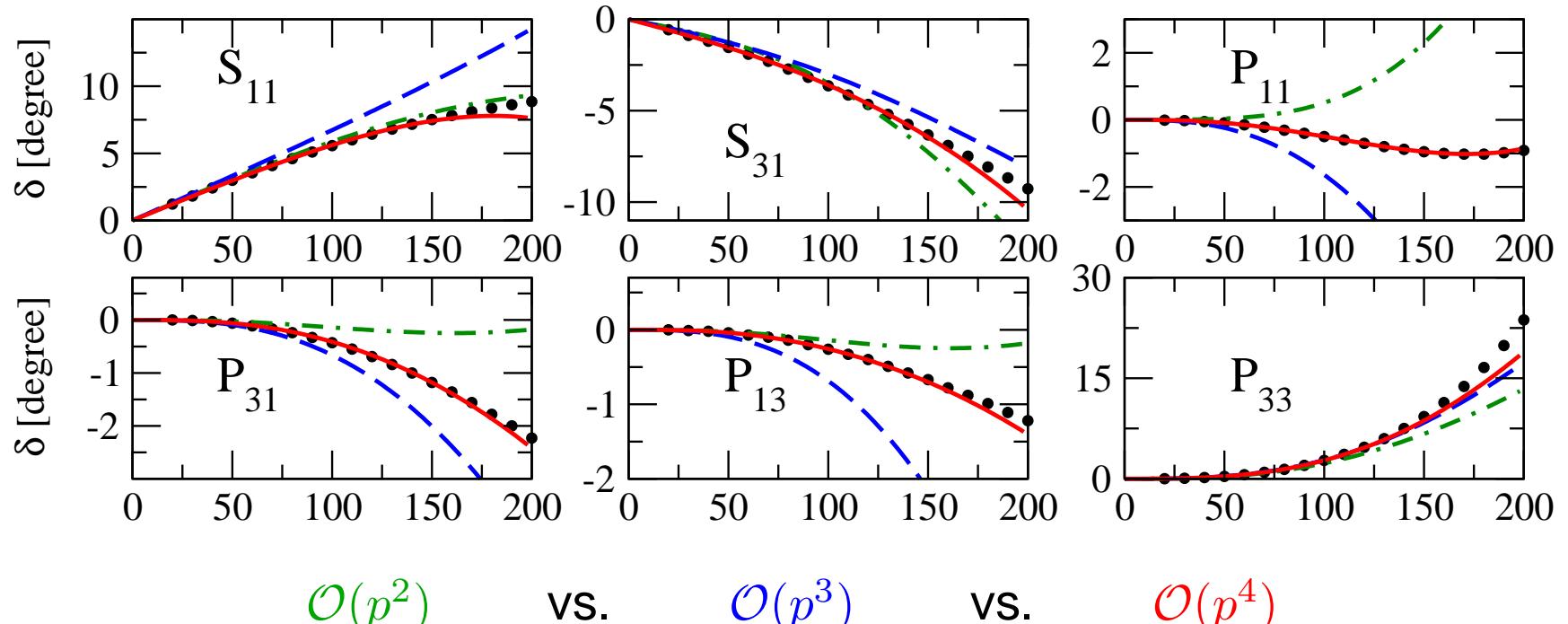
Alarcón et al. 2011–2013, Chen et al. 2013, Krebs et al. 2012, Gasparyan, Lutz 2010

Strategy:

- fit results of phase shift analyses:
 - ▷ Karlsruhe–Helsinki (KH) → dispersion theory based
Koch, Pietarinen 1980, Höhler 1983
 - ▷ GWU/SAID (GW) → modern data input
Workman et al. 2012
 - ▷ Matsinos et al. (EM)
Matsinos et al. 2006
- # of parameters: $\mathcal{O}(p^2)$: 4 c_i
 $\mathcal{O}(p^3)$: 4 d_i (+ d_{18} from GT discrepancy)
 $\mathcal{O}(p^4)$: 5 e_i
- use **chiral low-energy theorems** to extract $\sigma_{\pi N}$
- ChPT obeys unitarity only perturbatively
de-facto unitarisation to calculate phase shifts from real parts:

$$\delta = \arctan \left(\frac{|\mathbf{p}|}{8\pi\sqrt{s}} \operatorname{Re} T \right) \approx \frac{|\mathbf{p}|}{8\pi\sqrt{s}} \operatorname{Re} T$$

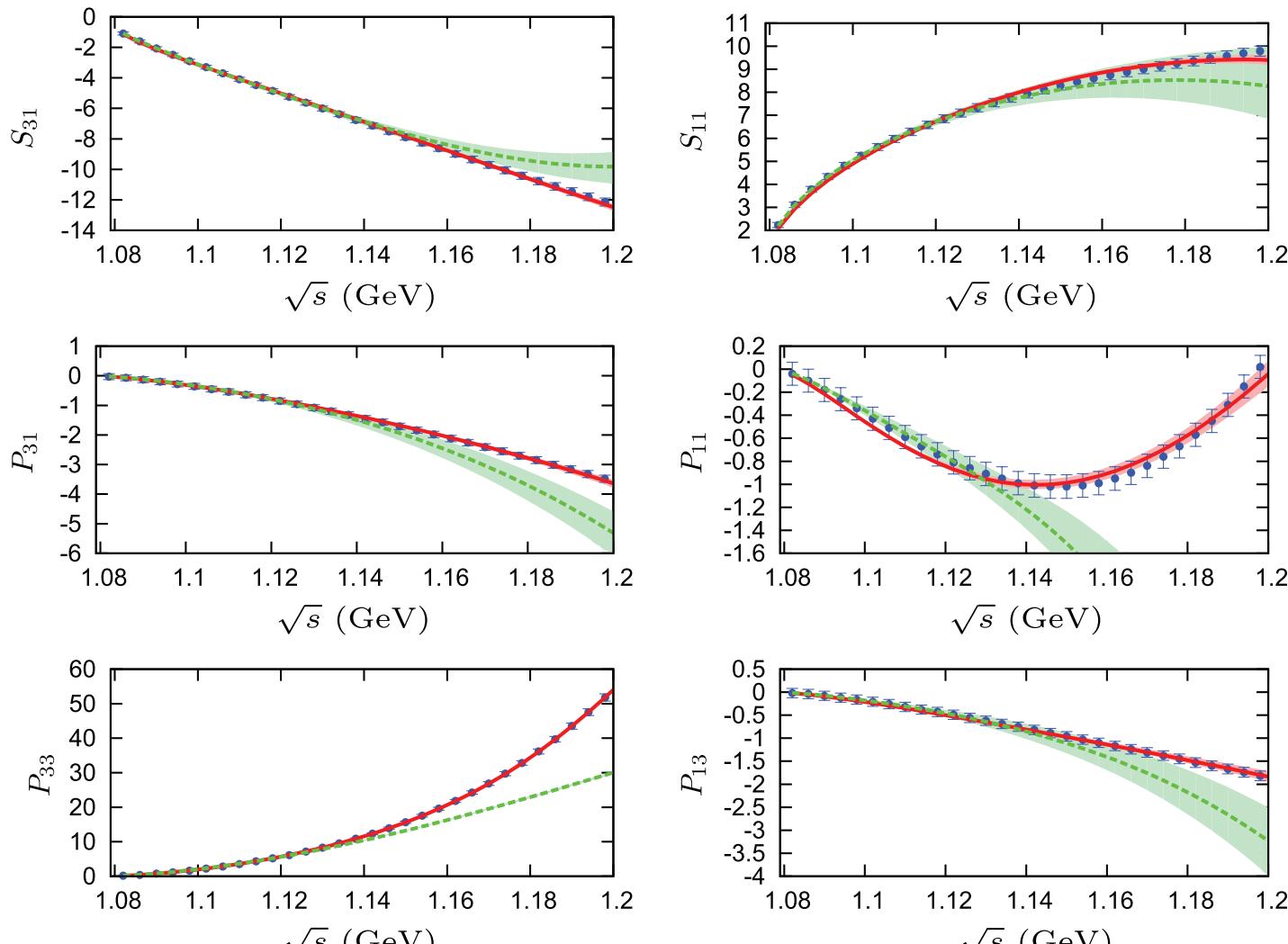
Convergence of the chiral expansion



Krebs, Gasparyan, Epelbaum 2012

- fitted up to $p_{\text{Lab}} = 150 \text{ MeV} \hat{s} = \sqrt{s} \approx 1.13 \text{ GeV}$,
maximum energy shown $p_{\text{Lab}} = 200 \text{ MeV} \hat{s} = \sqrt{s} \approx 1.17 \text{ GeV}$
- convergence assessed using LECs from **highest-order fit**
- D-waves also fitted

ChPT with and without explicit $\Delta(1232)$



$\mathcal{O}(p^3)$ / $\mathcal{O}(\delta^3)$

Alarcón, Martín Camalich, Oller 2013

fit range: $\sqrt{s_{\max}} = 1.13 \text{ GeV}$ / $\sqrt{s_{\max}} = 1.20 \text{ GeV}$

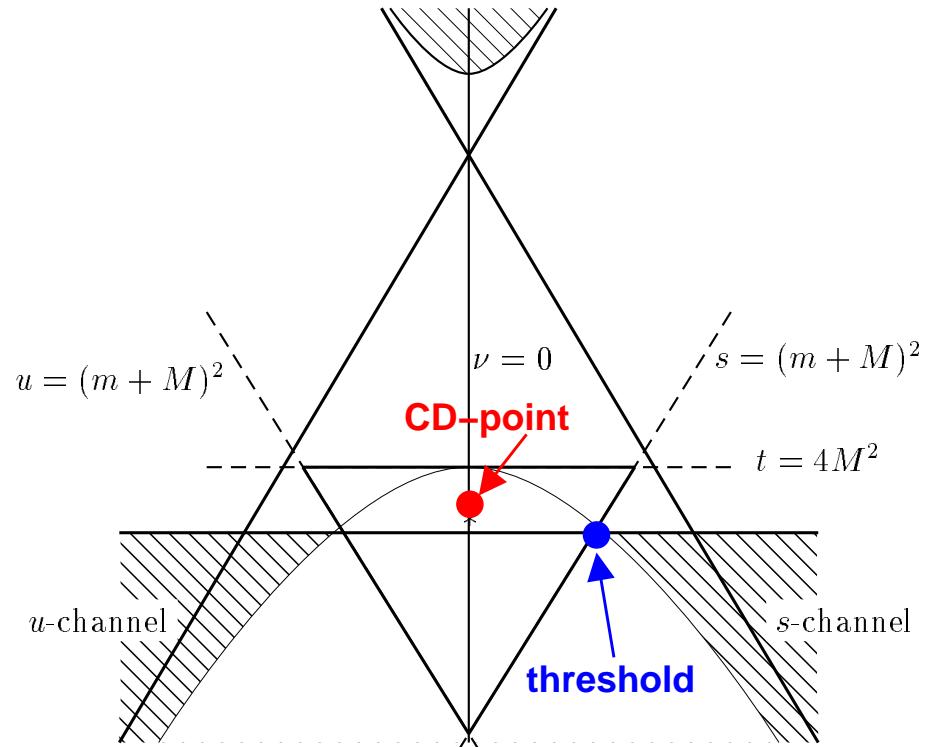
On the chiral extractions of $\sigma_{\pi N}$

The Cheng–Dashen theorem

- isoscalar amplitude at **CD point** related to scalar form factor

$$\underbrace{F_\pi^2 \bar{D}^+(s = u, t = 2M_\pi^2)}_{F_\pi^2(d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D} = \underbrace{\sigma(2M_\pi^2)}_{\sigma_{\pi N} + \Delta_\sigma} + \Delta_R$$

$|\Delta_R| \lesssim 2 \text{ MeV}$ Bernard et al. 1996



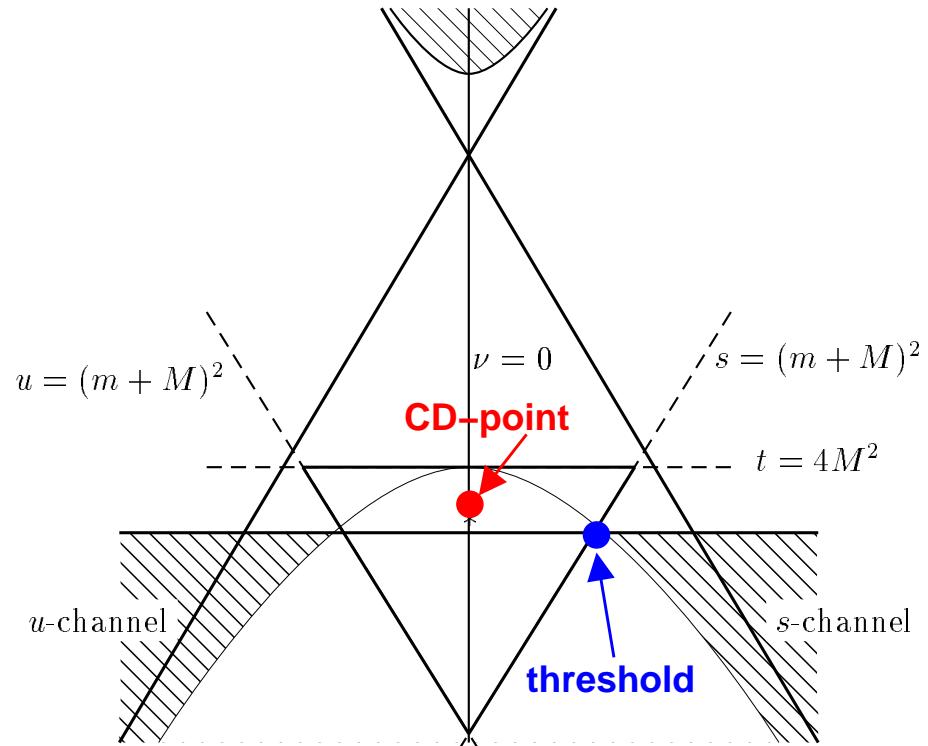
On the chiral extractions of $\sigma_{\pi N}$

The Cheng–Dashen theorem

- isoscalar amplitude at **CD point**
related to scalar form factor

$$\begin{aligned} & \underbrace{F_\pi^2 \bar{D}^+(s=u, t=2M_\pi^2)}_{F_\pi^2(d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D} \\ & = \underbrace{\sigma(2M_\pi^2)}_{\sigma_{\pi N} + \Delta_\sigma} + \Delta_R \end{aligned}$$

$|\Delta_R| \lesssim 2 \text{ MeV}$ Bernard et al. 1996



- ChPT fulfils all these relations **perturbatively** only
is known to **fail** at one loop for Δ_D , Δ_σ : Gasser, Leutwyler, Sainio 1991
curvature d_{02}^+ not reproduced at one loop Alarcón et al. 2013
 - we're lucky: $\Delta_D - \Delta_\sigma = (-1.8 \pm 0.2) \text{ MeV}$ cancels to large extent

→ one-loop ChPT does **not** describe pion–nucleon scattering
accurately in the whole low-energy region

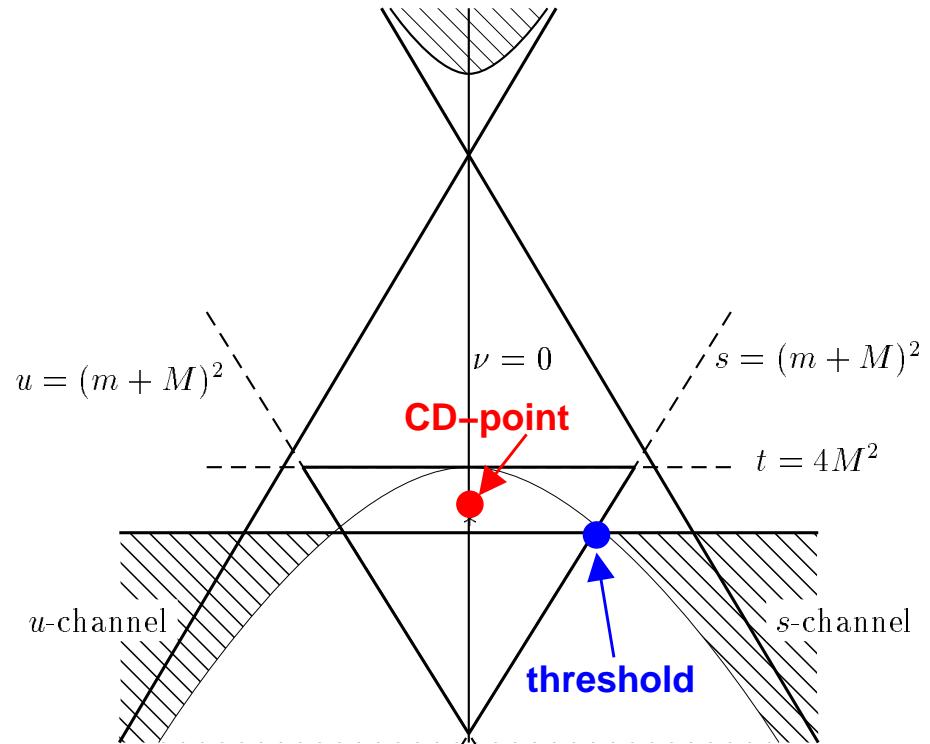
On the chiral extractions of $\sigma_{\pi N}$

The Cheng–Dashen theorem

- isoscalar amplitude at **CD point**
related to scalar form factor

$$\underbrace{F_\pi^2 \bar{D}^+(s=u, t=2M_\pi^2)}_{F_\pi^2(d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D} = \underbrace{\sigma(2M_\pi^2)}_{\sigma_{\pi N} + \Delta_\sigma} + \Delta_R$$

$|\Delta_R| \lesssim 2 \text{ MeV}$ Bernard et al. 1996



- ChPT fulfils all these relations **perturbatively** only
is known to **fail** at one loop for Δ_D , Δ_σ : Gasser, Leutwyler, Sainio 1991
curvature d_{02}^+ not reproduced at one loop Alarcón et al. 2013
 - we're lucky: $\Delta_D - \Delta_\sigma = (-1.8 \pm 0.2) \text{ MeV}$ cancels to large extent
→ update dispersive analysis, Roy–Steiner equations

Hoferichter, Ruiz de Elvira, BK, Meißner

The well-known paradigm: $\pi\pi$ Roy equations

Roy equations = coupled system of partial-wave dispersion relations
+ crossing symmetry + unitarity

- twice-subtracted fixed- t dispersion relation:

$$T(s, t) = c(t) + \frac{1}{\pi} \int_{4M_\pi^2}^\infty ds' \left\{ \underbrace{\frac{s^2}{s'^2(s' - s)}}_{s\text{-channel cut}} + \underbrace{\frac{u^2}{s'^2(s' - u)}}_{u\text{-channel cut}} \right\} \text{Im}T(s', t)$$

- subtraction function $c(t)$ determined from crossing symmetry

The well-known paradigm: $\pi\pi$ Roy equations

Roy equations = coupled system of partial-wave dispersion relations
+ crossing symmetry + unitarity

- twice-subtracted fixed- t dispersion relation:

$$T(s, t) = c(t) + \frac{1}{\pi} \int_{4M_\pi^2}^\infty ds' \left\{ \underbrace{\frac{s^2}{s'^2(s' - s)}}_{s\text{-channel cut}} + \underbrace{\frac{u^2}{s'^2(s' - u)}}_{u\text{-channel cut}} \right\} \text{Im}T(s', t)$$

- subtraction function $c(t)$ determined from crossing symmetry
- project onto partial waves $t_J^I(s)$ (angular momentum J , isospin I)
expand $\text{Im}T(s', t)$ in partial waves

$$t_J^I(s) = \text{polynomial}(a_0^0, a_0^2) + \sum_{I'=0}^2 \sum_{J'=0}^{\infty} \int_{4M_\pi^2}^\infty ds' K_{JJ'}^{II'}(s, s') \text{Im}t_{J'}^{I'}(s')$$

kernel functions $K_{JJ'}^{II'}(s, s')$ known analytically

Roy 1971

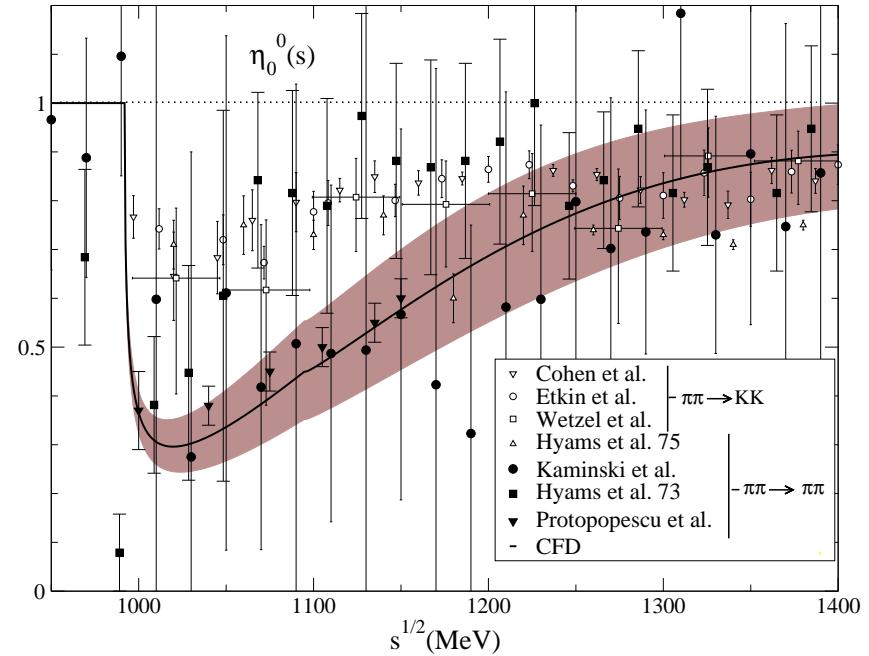
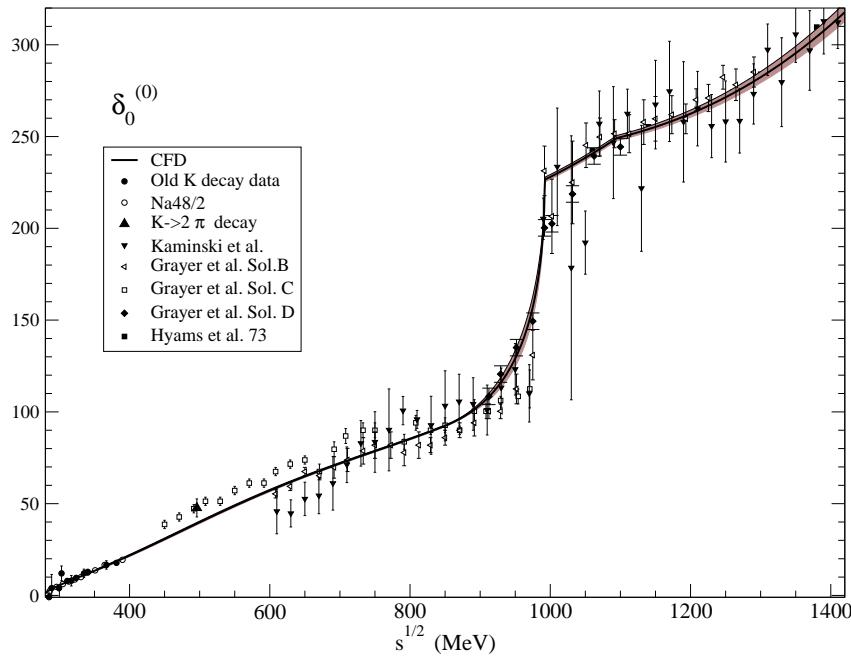
$\pi\pi$ Roy equations

- elastic unitarity:

$$t_J^I(s) = \frac{e^{2i\delta_J^I(s)} - 1}{2i\sigma} \quad \sigma = \sqrt{1 - \frac{4M_\pi^2}{s}}$$

→ coupled integral equations for phase shifts

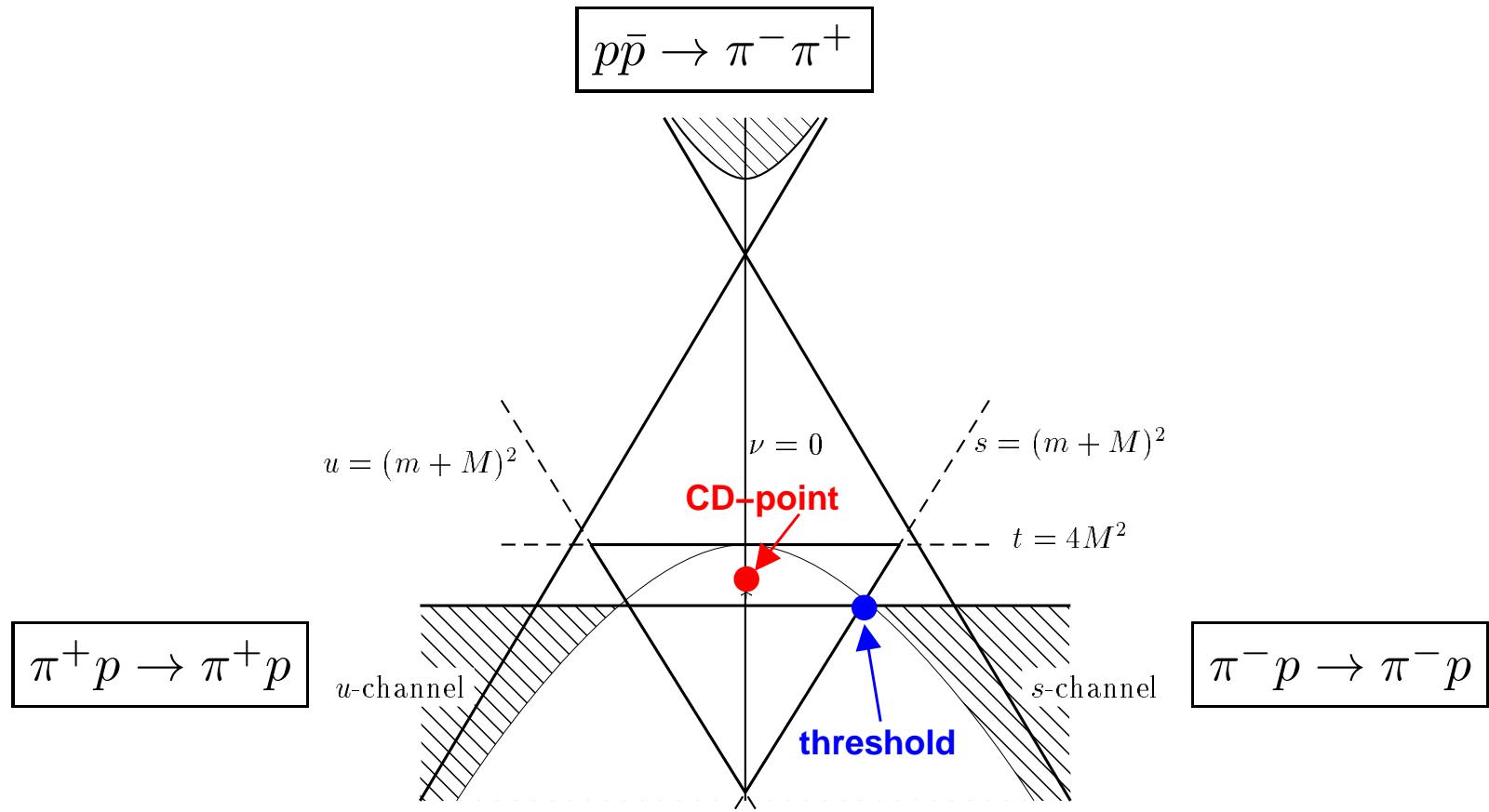
- example: $\pi\pi$ $I = 0$ S-wave phase shift & inelasticity



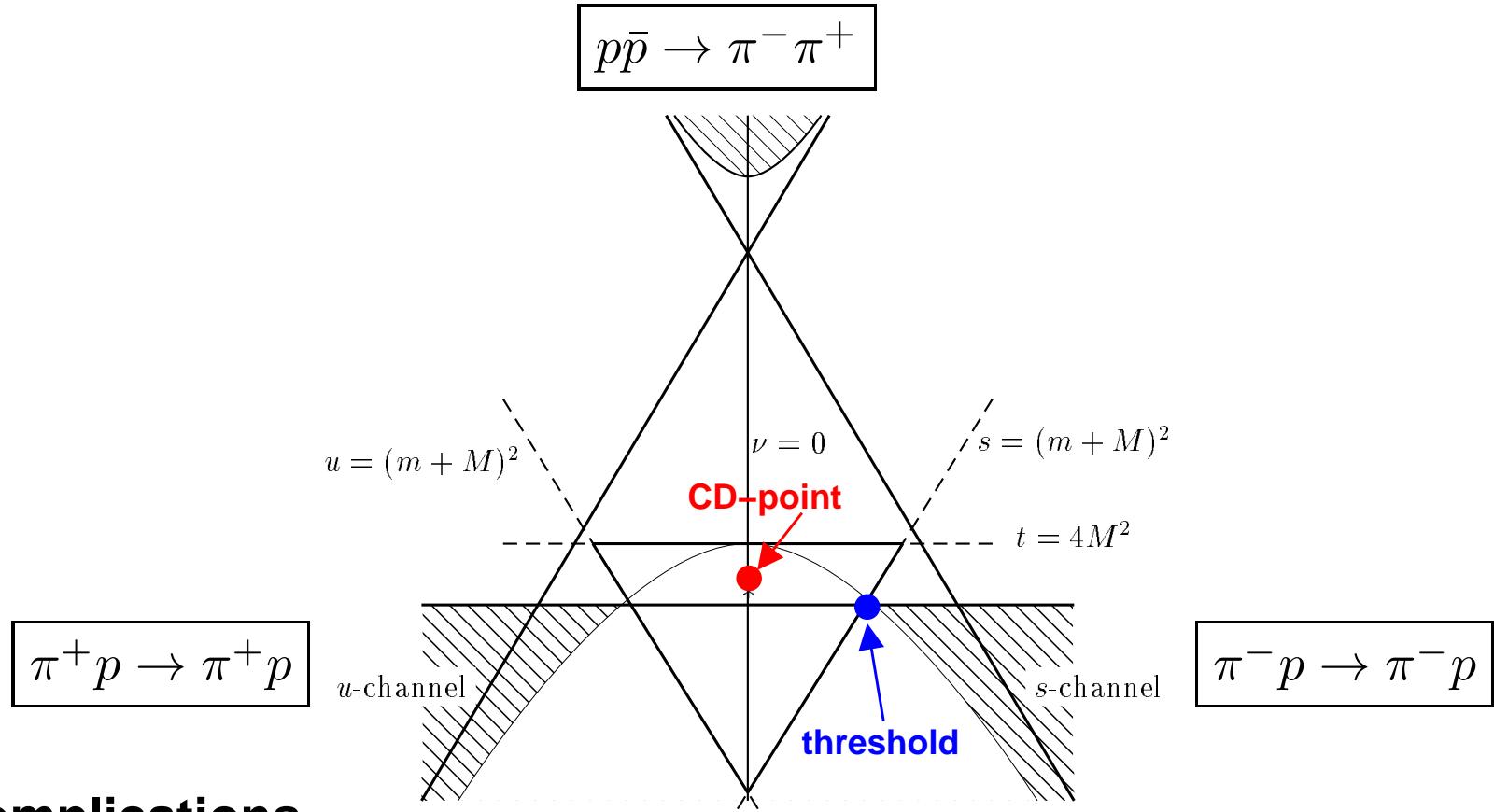
García-Martín et al. 2011

→ strong constraints on data from analyticity and unitarity!

Pion–nucleon scattering, crossing symmetry



Pion–nucleon scattering, crossing symmetry



Complications

- crossing links two **different** processes, $\pi N \rightarrow \pi N$ and $\pi\pi \rightarrow \bar{N}N$
→ use **hyperbolic** (instead of fixed- t) DR (Roy–Steiner)
- large pseudophysical region in the t -channel: $t = 4M_\pi^2 \rightarrow 4m_N^2$, $\bar{K}K$ intermediate states ($f_0(980)$)

Roy–Steiner equations for pion–nucleon scattering

Limited range of validity:

$$\sqrt{s} \leq \sqrt{s_m} = 1.38 \text{ GeV}$$

$$\sqrt{t} \leq \sqrt{t_m} = 2.00 \text{ GeV}$$

Input / constraints:

- S-, P-waves above matching point $s > s_m$ ($t > t_m$)
- inelasticities
- higher waves (D-, F-...)
- scattering lengths from hadronic atoms Baru et al. 2011

Output:

- S- and P-waves at low energies $s < s_m$, $t < t_m$
- subthreshold parameters
 - ▷ pion–nucleon σ -term
 - ▷ nucleon form factor spectral functions

Roy–Steiner equations for pion–nucleon scattering

Limited range of validity:

$$\sqrt{s} \leq \sqrt{s_m} = 1.38 \text{ GeV}$$

$$\sqrt{t} \leq \sqrt{t_m} = 2.00 \text{ GeV}$$

Input / constraints:

- S-, P-waves above matching point $s > s_m$ ($t > t_m$)
- inelasticities
- higher waves (D-, F-...)
- scattering lengths from hadronic atoms Baru et al. 2011

Output:

- S- and P-waves at low energies $s < s_m$, $t < t_m$
- subthreshold parameters
 - ▷ pion–nucleon σ -term
 - ▷ nucleon form factor spectral functions

Important analysis steps:

- full analytic system Ditsche, Hoferichter, BK, Meißner 2012
- improved t -channel S-wave ($\pi\pi \leftrightarrow \bar{K}K \leftrightarrow \bar{N}N$) Hoferichter, Ditsche, BK, Meißner 2012
- solving for the s -channel πN partial waves + self-consistent iteration Hoferichter, Ruiz de Elvira, BK, Meißner 2015

Roy–Steiner equations for pion–nucleon scattering

Limited range of validity:

$$\sqrt{s} \leq \sqrt{s_m} = 1.38 \text{ GeV}$$

$$\sqrt{t} \leq \sqrt{t_m} = 2.00 \text{ GeV}$$

Input / constraints:

- S-, P-waves above matching point $s > s_m$ ($t > t_m$)
- inelasticities
- higher waves (D-, F-...)
- scattering lengths from hadronic atoms Baru et al. 2011

Output:

- S- and P-waves at low energies $s < s_m$, $t < t_m$
- subthreshold parameters
 - ▷ pion–nucleon σ -term
 - ▷ nucleon form factor spectral functions

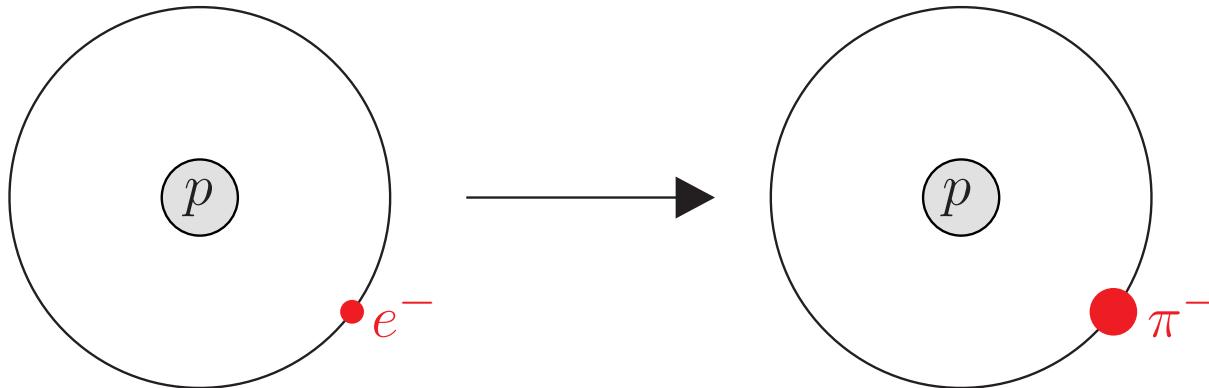
Important analysis steps:

- full analytic system Ditsche, Hoferichter, BK, Meißner 2012
- improved t -channel S-wave ($\pi\pi \leftrightarrow \bar{K}K \leftrightarrow \bar{N}N$) Hoferichter, Ditsche, BK, Meißner 2012
- solving for the s -channel πN partial waves + self-consistent iteration Hoferichter, Ruiz de Elvira, BK, Meißner 2015

Pionic atoms and pion–nucleon scattering lengths

cf. Gasser, Lyubovitskij, Rusetsky 2008

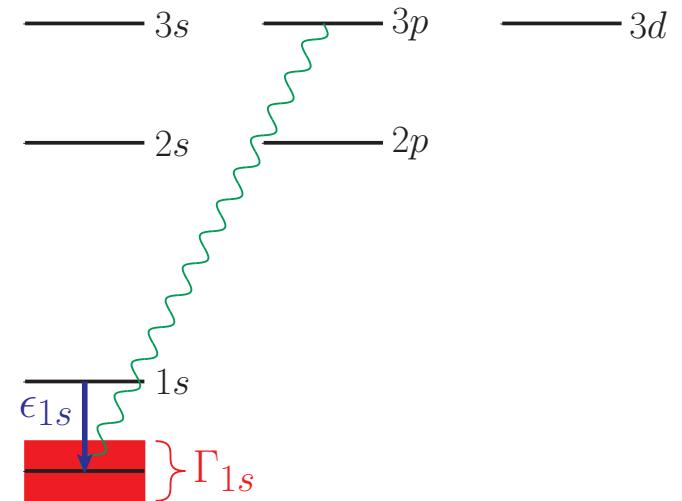
- pionic hydrogen πH , pionic deuterium πD : atoms with $e^- \rightarrow \pi^-$
calculate energy levels as for hydrogen in quantum mechanics!



Pionic atoms and pion–nucleon scattering lengths

cf. Gasser, Lyubovitskij, Rusetsky 2008

- pionic hydrogen πH , pionic deuterium πD : atoms with $e^- \rightarrow \pi^-$
calculate energy levels as for hydrogen in quantum mechanics!
- energy levels perturbed by strong interactions:
 - ▷ ground state unstable, decays:
 $\pi^- p \rightarrow \pi^0 n \rightarrow$ width Γ_{1s}
 - ▷ ground state energy shift ϵ_{1s}
- linked to πN scattering at threshold:



$$\epsilon_{1s} \propto T(\pi^- p \rightarrow \pi^- p) \propto a_0^+ + a_0^-$$

$$\Gamma_{1s} \propto |T(\pi^- p \rightarrow \pi^0 n)|^2 \propto |a_0^-|^2$$

Deser, Goldberger, Baumann, Thirring 1954

- πD : add. information from energy shift (diff. isospin combination)

Pionic atoms and pion–nucleon scattering lengths

Measurements of πH and πD

PSI 1995-2010

$$\epsilon_{1s} = (7.120 \pm 0.012) \text{ eV} \quad \Gamma_{1s} = (0.823 \pm 0.019) \text{ eV} \quad \epsilon_{1s}^D = (2.356 \pm 0.031) \text{ eV}$$

Pionic atoms and pion–nucleon scattering lengths

Measurements of πH and πD

PSI 1995-2010

$$\epsilon_{1s} = (7.120 \pm 0.012) \text{ eV} \quad \Gamma_{1s} = (0.823 \pm 0.019) \text{ eV} \quad \epsilon_{1s}^D = (2.356 \pm 0.031) \text{ eV}$$

Theory to match this accuracy requires

- isospin breaking in πN Hoferichter, BK, Meißner 2009
- three-body corrections in πD Weinberg 1992, ...
- isospin breaking in πD Baru et al. 2011

Pionic atoms and pion–nucleon scattering lengths

Measurements of πH and πD

PSI 1995-2010

$$\epsilon_{1s} = (7.120 \pm 0.012) \text{ eV} \quad \Gamma_{1s} = (0.823 \pm 0.019) \text{ eV} \quad \epsilon_{1s}^D = (2.356 \pm 0.031) \text{ eV}$$

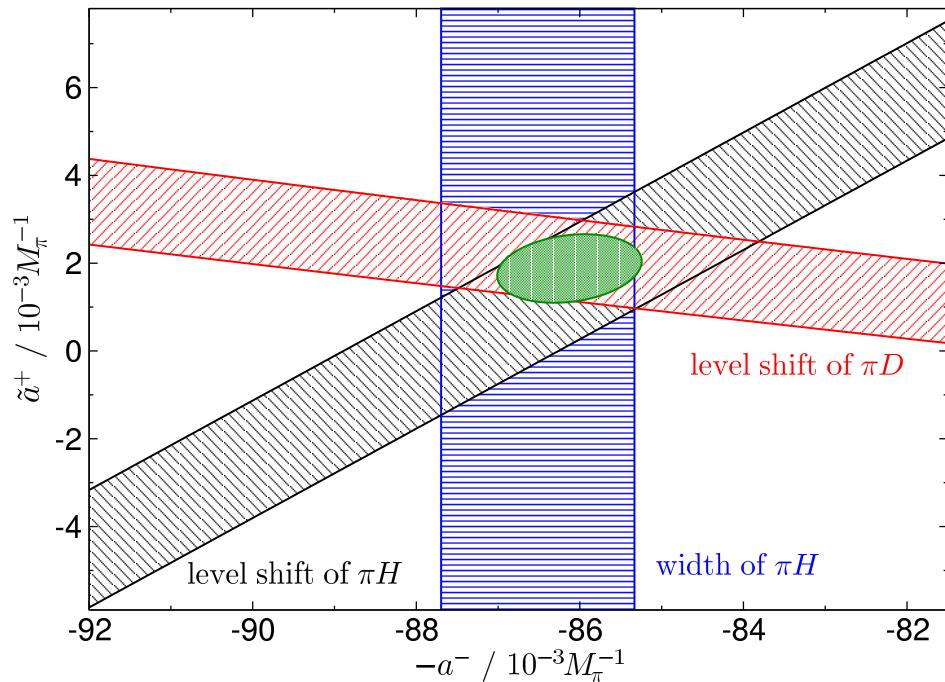
Theory to match this accuracy requires

- isospin breaking in πN
- three-body corrections in πD
- isospin breaking in πD

Hoferichter, BK, Meißner 2009

Weinberg 1992, ...

Baru et al. 2011



$$a_0^- = (86.1 \pm 0.9) \cdot 10^{-3} M_\pi^{-1}$$

$$a_0^+ = (7.6 \pm 3.1) \cdot 10^{-3} M_\pi^{-1}$$

but: $\frac{1}{2}(a_{\pi^- p} + a_{\pi^+ p})$
 $= (-1.1 \pm 0.9) \cdot 10^{-3} M_\pi^{-1}$

→ large isospin-breaking effects in isoscalar sector

Baru et al. 2011

Solving the coupled system: paradigms, uncertainties

An update on Karlsruhe–Helsinki (KH) with modern input

- πN scattering lengths extracted from hadronic atoms
- Goldberger–Miyazawa–Oehme sum rule from those:

$$g_{\pi N}^2 / 4\pi = 13.7 \pm 0.2 \quad \text{Baru et al. 2011}$$

in perfect agreement with NN extractions Navarro Pérez et al. 2016

compare: $g_{\pi N}^2 / 4\pi = 14.28$ Höhler 1983

→ check: always reproduce KH results with KH input

- modern s -channel partial waves from SAID above s_m

Solving the coupled system: paradigms, uncertainties

An update on Karlsruhe–Helsinki (KH) with modern input

- πN scattering lengths extracted from hadronic atoms
- Goldberger–Miyazawa–Oehme sum rule from those:

$$g_{\pi N}^2 / 4\pi = 13.7 \pm 0.2 \quad \text{Baru et al. 2011}$$

in perfect agreement with NN extractions Navarro Pérez et al. 2016

compare: $g_{\pi N}^2 / 4\pi = 14.28$ Höhler 1983

→ check: always reproduce KH results with KH input

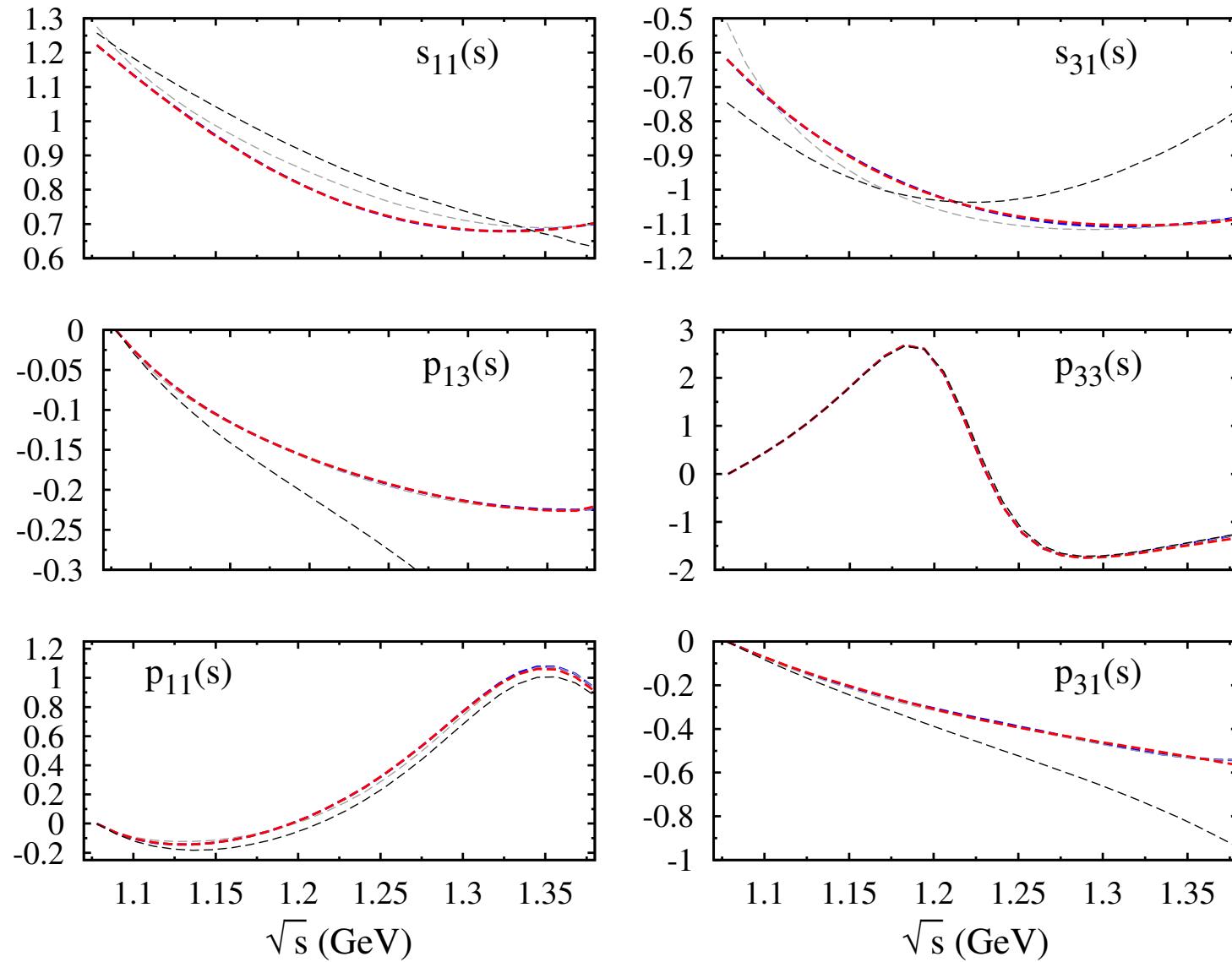
- modern s -channel partial waves from SAID above s_m

Dominant uncertainties

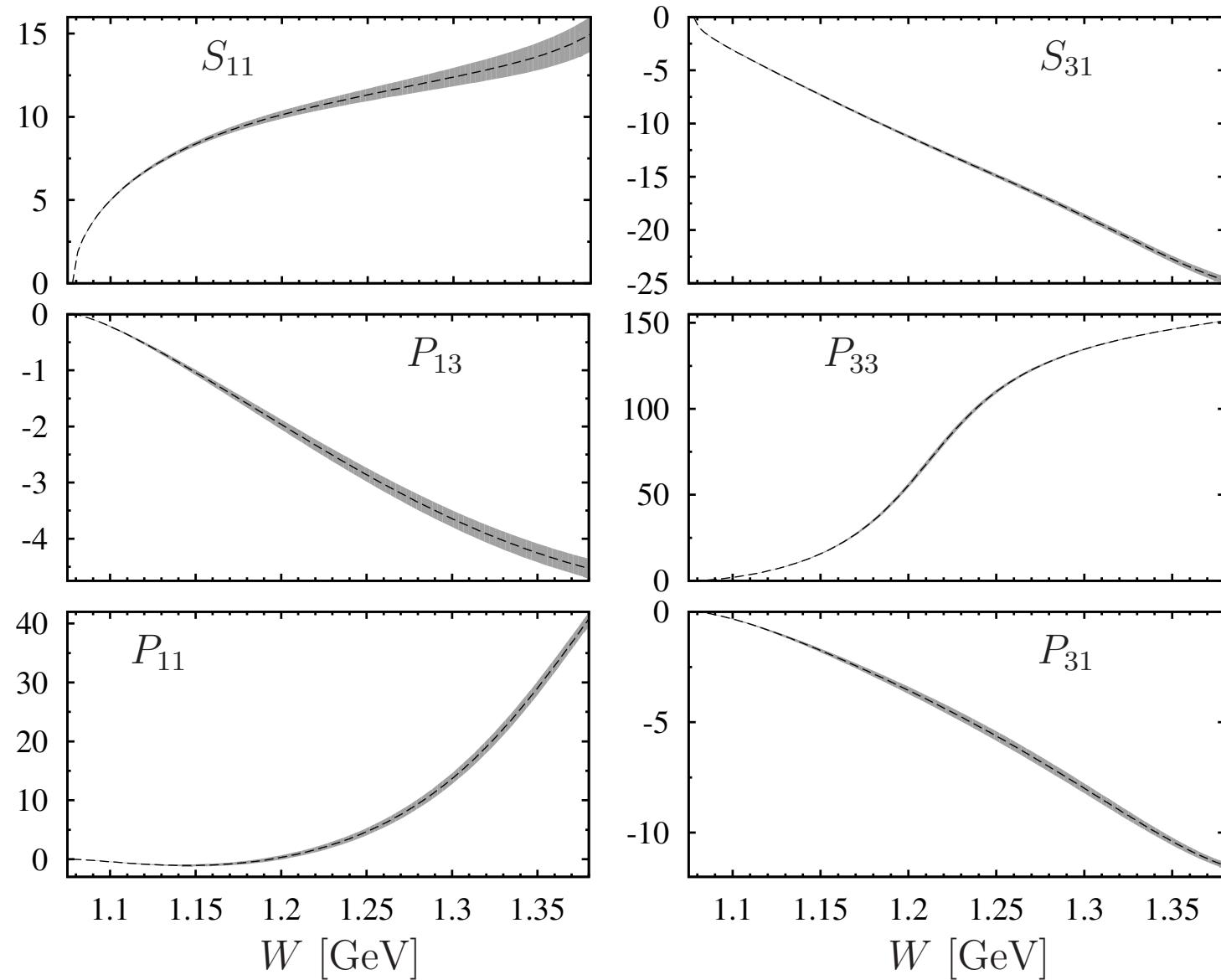
- near threshold: S-wave scattering lengths
- intermediate energies: significant correlations between 10 subtraction constants = subthreshold parameters ("flat minima")
- "large" energies: matching point uncertainties
- rather well under control: high-energy input, higher partial waves

Results: s-channel solution

LHS+RHS of Roy–Steiner eqs. before / LHS+RHS after fit/iteration

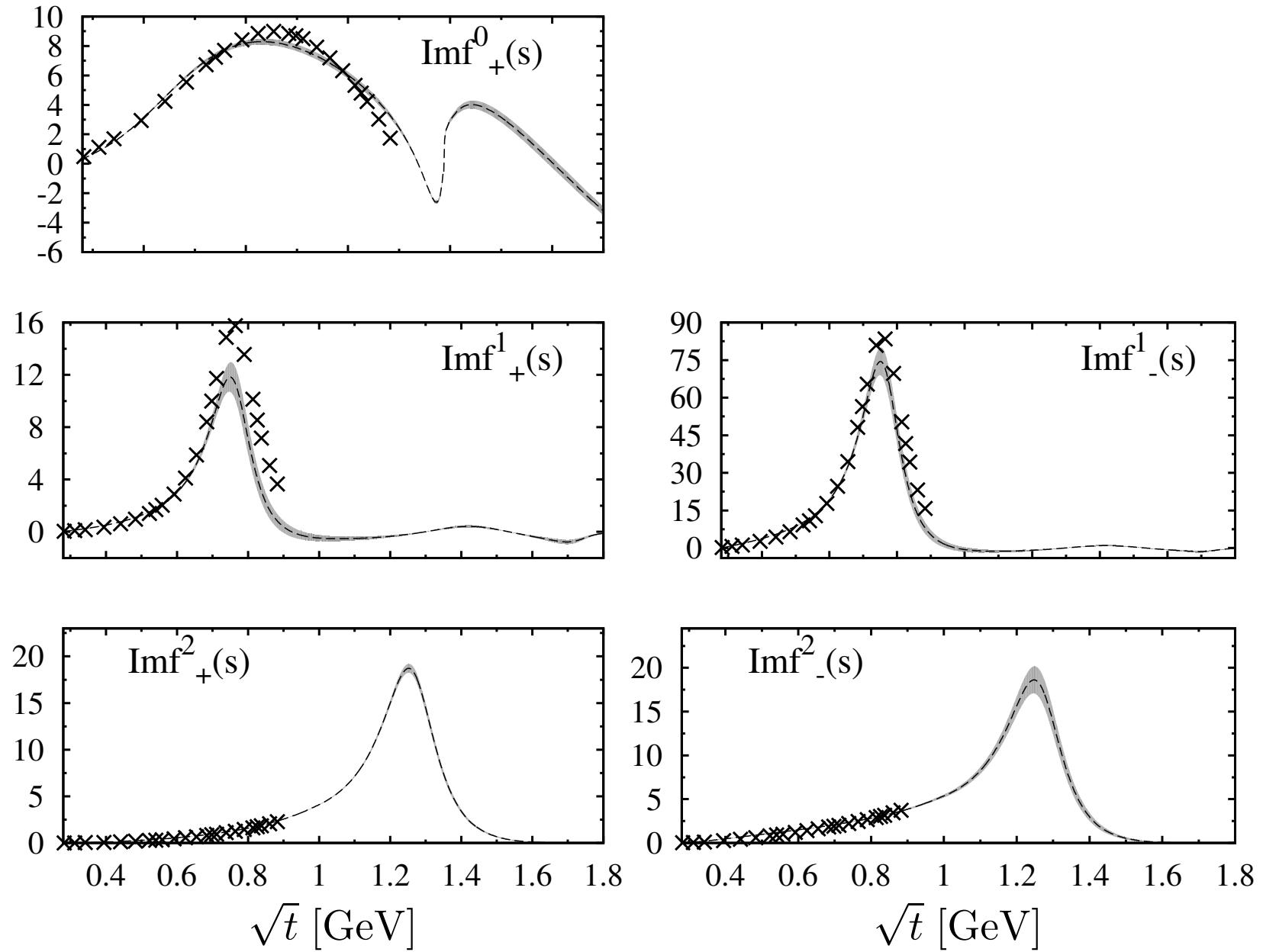


Results: s-channel solution, uncertainties



Hoferichter, Ruiz de Elvira, BK, Meißner 2015

Results: t -channel S-, P-, D-waves (compared to KH)



Results for the σ -term

$$\sigma_{\pi N} = F_\pi^2 (d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D - \Delta_\sigma - \Delta_R$$

Results for the σ -term

$$\sigma_{\pi N} = F_\pi^2 (d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D - \Delta_\sigma - \Delta_R$$

- subthreshold parameters output of the Roy–Steiner equations

$$d_{00}^+ = -1.36(3) M_\pi^{-1} \quad [\text{KH: } -1.46(10) M_\pi^{-1}]$$

$$d_{01}^+ = 1.16(2) M_\pi^{-3} \quad [\text{KH: } 1.14(2) M_\pi^{-3}]$$

- $\Delta_D - \Delta_\sigma = (-1.8 \pm 0.2) \text{ MeV}$ Hoferichter et al. 2012
- $|\Delta_R| \lesssim 2 \text{ MeV}$ Bernard, Kaiser, Meißner 1996
- isospin breaking in the CD theorem shifts $\sigma_{\pi N}$ by +3.0 MeV

Results for the σ -term

$$\sigma_{\pi N} = F_\pi^2 (d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D - \Delta_\sigma - \Delta_R$$

- subthreshold parameters output of the Roy–Steiner equations

$$d_{00}^+ = -1.36(3) M_\pi^{-1} \quad [\text{KH: } -1.46(10) M_\pi^{-1}]$$

$$d_{01}^+ = 1.16(2) M_\pi^{-3} \quad [\text{KH: } 1.14(2) M_\pi^{-3}]$$

- $\Delta_D - \Delta_\sigma = (-1.8 \pm 0.2) \text{ MeV}$ Hoferichter et al. 2012
- $|\Delta_R| \lesssim 2 \text{ MeV}$ Bernard, Kaiser, Mei  ner 1996
- isospin breaking in the CD theorem shifts $\sigma_{\pi N}$ by $+3.0 \text{ MeV}$
- full result:

$$\sigma_{\pi N} = (59.1 \pm 1.9_{\text{RS}} \pm 3.0_{\text{LET}}) \text{ MeV} = (59.1 \pm 3.5) \text{ MeV}$$

Hoferichter, Ruiz de Elvira, BK, Mei  ner 2015

Results for the σ -term

$$\sigma_{\pi N} = F_\pi^2 (d_{00}^+ + 2M_\pi^2 d_{01}^+) + \Delta_D - \Delta_\sigma - \Delta_R$$

- subthreshold parameters output of the Roy–Steiner equations

$$d_{00}^+ = -1.36(3) M_\pi^{-1} \quad [\text{KH: } -1.46(10) M_\pi^{-1}]$$

$$d_{01}^+ = 1.16(2) M_\pi^{-3} \quad [\text{KH: } 1.14(2) M_\pi^{-3}]$$

- $\Delta_D - \Delta_\sigma = (-1.8 \pm 0.2) \text{ MeV}$ Hoferichter et al. 2012
- $|\Delta_R| \lesssim 2 \text{ MeV}$ Bernard, Kaiser, Meiñner 1996
- isospin breaking in the CD theorem shifts $\sigma_{\pi N}$ by $+3.0 \text{ MeV}$
- full result:

$$\sigma_{\pi N} = (59.1 \pm 1.9_{\text{RS}} \pm 3.0_{\text{LET}}) \text{ MeV} = (59.1 \pm 3.5) \text{ MeV}$$

Hoferichter, Ruiz de Elvira, BK, Meiñner 2015

- KH input $\rightarrow \sigma_{\pi N} \approx 46 \text{ MeV}$ Gasser, Leutwyler, Sainio 1991
- compare also $\sigma_{\pi N} \approx (64 \pm 8) \text{ MeV}$ Pavan et al. 2002

Nucleon strangeness

- relate $\sigma_{\pi N}$ to strangeness content of the nucleon:

$$\sigma_{\pi N} = \frac{\hat{m}}{2m_N} \frac{\langle N|\bar{u}u + \bar{d}d - 2\bar{s}s|N\rangle}{1 - \textcolor{blue}{y}}, \quad \textcolor{blue}{y} = \frac{2\langle N|\bar{s}s|N\rangle}{\langle N|\bar{u}u + \bar{d}d|N\rangle}$$

$(m_s - \hat{m})(\bar{u}u + \bar{d}d - 2\bar{s}s) \subset \mathcal{L}_{\text{QCD}}$ produces SU(3) mass splittings:

$$\sigma_{\pi N} = \frac{\sigma_0}{1 - \textcolor{blue}{y}}, \quad \sigma_0 = \frac{\hat{m}}{m_s - \hat{m}} (m_\Xi + m_\Sigma - 2m_N) \simeq 26 \text{ MeV}$$

higher-order corrections: $\sigma_0 \rightarrow (36 \pm 7) \text{ MeV}$ Borasoy, Meißner 1997

- OZI rule, lattice: $\textcolor{blue}{y}$ likely very small

Nucleon strangeness

- relate $\sigma_{\pi N}$ to strangeness content of the nucleon:

$$\sigma_{\pi N} = \frac{\hat{m}}{2m_N} \frac{\langle N|\bar{u}u + \bar{d}d - 2\bar{s}s|N\rangle}{1 - \textcolor{blue}{y}}, \quad \textcolor{blue}{y} = \frac{2\langle N|\bar{s}s|N\rangle}{\langle N|\bar{u}u + \bar{d}d|N\rangle}$$

$(m_s - \hat{m})(\bar{u}u + \bar{d}d - 2\bar{s}s) \subset \mathcal{L}_{\text{QCD}}$ produces SU(3) mass splittings:

$$\sigma_{\pi N} = \frac{\sigma_0}{1 - \textcolor{blue}{y}}, \quad \sigma_0 = \frac{\hat{m}}{m_s - \hat{m}} (m_\Xi + m_\Sigma - 2m_N) \simeq 26 \text{ MeV}$$

higher-order corrections: $\sigma_0 \rightarrow (36 \pm 7) \text{ MeV}$ Borasoy, Meißner 1997

- OZI rule, lattice: $\textcolor{blue}{y}$ likely **very small**
- potentially large effects
 - ▷ from the decuplet
 - ▷ from relativistic corrections

may increase to $\sigma_0 = (58 \pm 8) \text{ MeV}$

Alarcón et al. 2014

Nucleon strangeness

- relate $\sigma_{\pi N}$ to strangeness content of the nucleon:

$$\sigma_{\pi N} = \frac{\hat{m}}{2m_N} \frac{\langle N|\bar{u}u + \bar{d}d - 2\bar{s}s|N\rangle}{1 - \textcolor{blue}{y}}, \quad \textcolor{blue}{y} = \frac{2\langle N|\bar{s}s|N\rangle}{\langle N|\bar{u}u + \bar{d}d|N\rangle}$$

$(m_s - \hat{m})(\bar{u}u + \bar{d}d - 2\bar{s}s) \subset \mathcal{L}_{\text{QCD}}$ produces SU(3) mass splittings:

$$\sigma_{\pi N} = \frac{\sigma_0}{1 - \textcolor{blue}{y}}, \quad \sigma_0 = \frac{\hat{m}}{m_s - \hat{m}} (m_\Xi + m_\Sigma - 2m_N) \simeq 26 \text{ MeV}$$

higher-order corrections: $\sigma_0 \rightarrow (36 \pm 7) \text{ MeV}$ Borasoy, Meißner 1997

- OZI rule, lattice: $\textcolor{blue}{y}$ likely **very small**
- potentially large effects
 - ▷ from the decuplet
 - ▷ from relativistic corrections

may increase to $\sigma_0 = (58 \pm 8) \text{ MeV}$

Alarcón et al. 2014

- **conclusion:**
 - ▷ $\sigma_{\pi N} = (59.1 \pm 3.5) \text{ MeV}$ not incompatible with small y
 - ▷ chiral convergence of σ_0 (hence $\langle N|\bar{s}s|N\rangle$) very doubtful

Comparison to lattice results – a puzzle (1)

- 4 new lattice calculations of $\sigma_{\pi N}$ at physical M_π since
Hoferichter, Ruiz de Elvira, BK, Meißner 2015

$\sigma_{\pi N}$ [MeV]	collaboration	tension to RS
38(3)(3)	BMW 2015	3.8σ
44.4(3.2)(4.5)	χ QCD 2015	2.2σ
$37.2(2.6)\left(^{+1.0}_{-0.6}\right)$	ETMC 2016	4.9σ
35.0(6.1)	RQCD 2016	3.4σ

Comparison to lattice results – a puzzle (1)

- 4 new lattice calculations of $\sigma_{\pi N}$ at physical M_π since
Hoferichter, Ruiz de Elvira, BK, Meißner 2015

$\sigma_{\pi N}$ [MeV]	collaboration	tension to RS
38(3)(3)	BMW 2015	3.8σ
44.4(3.2)(4.5)	χ QCD 2015	2.2σ
$37.2(2.6)\left(^{+1.0}_{-0.6}\right)$	ETMC 2016	4.9σ
35.0(6.1)	RQCD 2016	3.4σ

- robust correlation between $\sigma_{\pi N}$ and scattering lengths:

$$\sigma_{\pi N} = (59.1 \pm 3.1) \text{ MeV} + \sum_I c_I (a_0^I - \bar{a}_0^I),$$

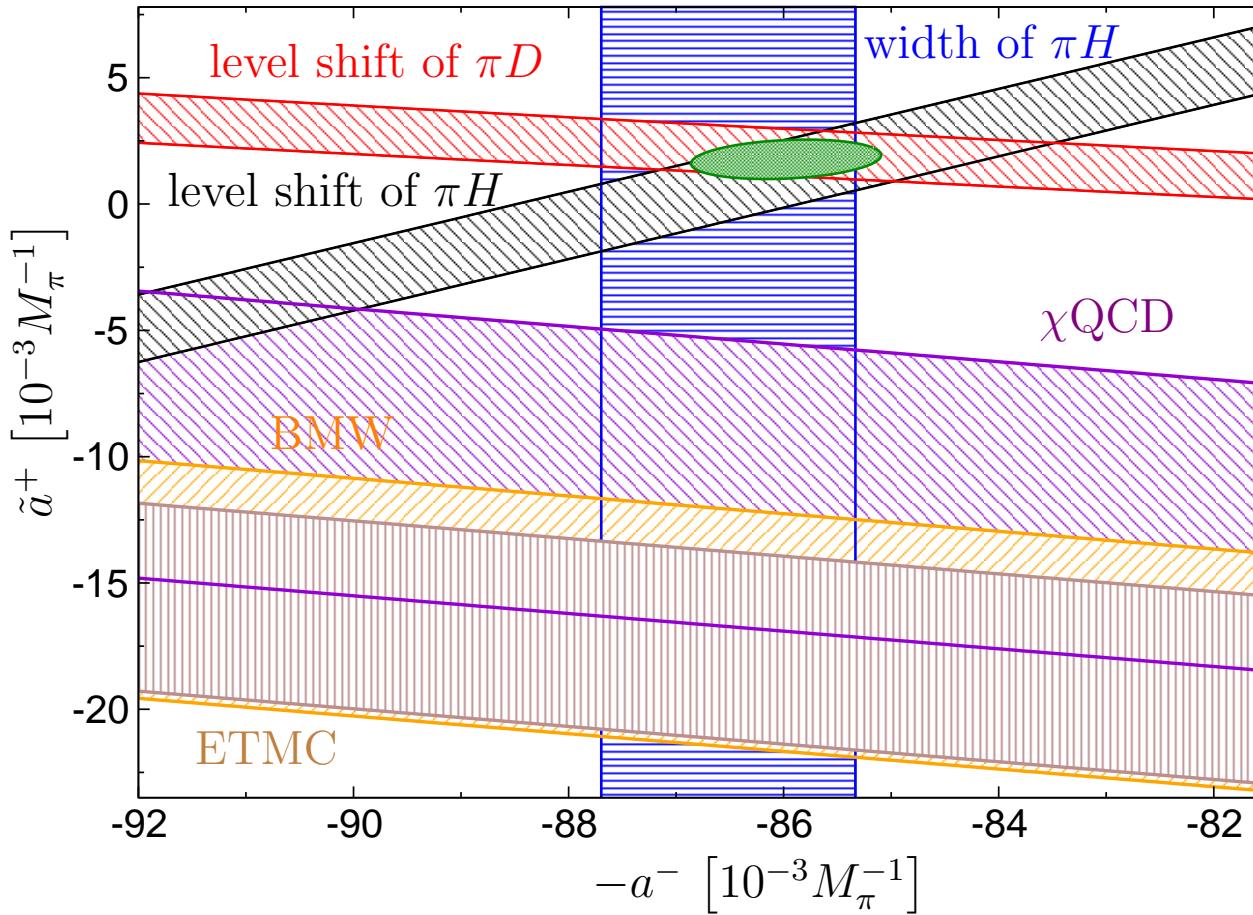
$$c_{1/2} = 0.242 \text{ MeV} \times 10^3 M_\pi \quad c_{3/2} = 0.874 \text{ MeV} \times 10^3 M_\pi$$

$$\bar{a}_0^{1/2} = (169.8 \pm 2.0) \times 10^{-3} M_\pi^{-1} \quad \bar{a}_0^{3/2} = (-86.3 \pm 1.8) \times 10^{-3} M_\pi^{-1}$$

→ expansion around reference values from πH and πD

Comparison to lattice results – a puzzle (2)

- lattice $\sigma_{\pi N}$ as additional constraint in scattering lengths plane



- lattice $\sigma_{\pi N}$ clearly at odds with hadronic atoms results
- suggestion: determine πN scattering lengths on the lattice

Hoferichter, Ruiz de Elvira, BK, Meißner 2016

Chiral low-energy constants

- chiral expansion expected to work best at **subthreshold point**:
 - ▷ maximal distance from threshold singularities
 - ▷ πN amplitude can be expanded as polynomial

Chiral low-energy constants

- chiral expansion expected to work best at **subthreshold point**:
 - ▷ maximal distance from threshold singularities
 - ▷ πN amplitude can be expanded as polynomial
- chiral πN amplitude to $\mathcal{O}(p^4)$ **13 low-energy constants**
- Roy–Steiner system contains **10 subtraction constants**
 - ▷ calculate remaining **3** from **sum rules**
 - ▷ **invert the system** to solve for LECs

Chiral low-energy constants

- chiral expansion expected to work best at **subthreshold point**:
 - ▷ maximal distance from threshold singularities
 - ▷ πN amplitude can be expanded as polynomial
- chiral πN amplitude to $\mathcal{O}(p^4)$ **13 low-energy constants**
- Roy–Steiner system contains **10 subtraction constants**
 - ▷ calculate remaining **3** from **sum rules**
 - ▷ **invert the system** to solve for LECs

	LO	NLO	NNLO
$c_1 \text{ [GeV}^{-1}]$	-0.74 ± 0.02	-1.07 ± 0.02	-1.11 ± 0.03
$c_2 \text{ [GeV}^{-1}]$	1.81 ± 0.03	3.20 ± 0.03	3.13 ± 0.03
$c_3 \text{ [GeV}^{-1}]$	-3.61 ± 0.05	-5.32 ± 0.05	-5.61 ± 0.06
$c_4 \text{ [GeV}^{-1}]$	2.17 ± 0.03	3.56 ± 0.03	4.26 ± 0.04

→ subthreshold errors tiny, chiral expansion dominates uncertainty

Summary

Pion–nucleon Roy–Steiner equations

- allow to determine low-energy πN scattering with precision
 - ▷ obeying analyticity, unitarity, crossing symmetry
 - ▷ new input on scattering lengths from hadronic atoms
- provide πN phase shifts with systematic uncertainties
- similarly: t -channel $\pi\pi \rightarrow N\bar{N}$ spectral functions
- phenomenological determination of sigma term:

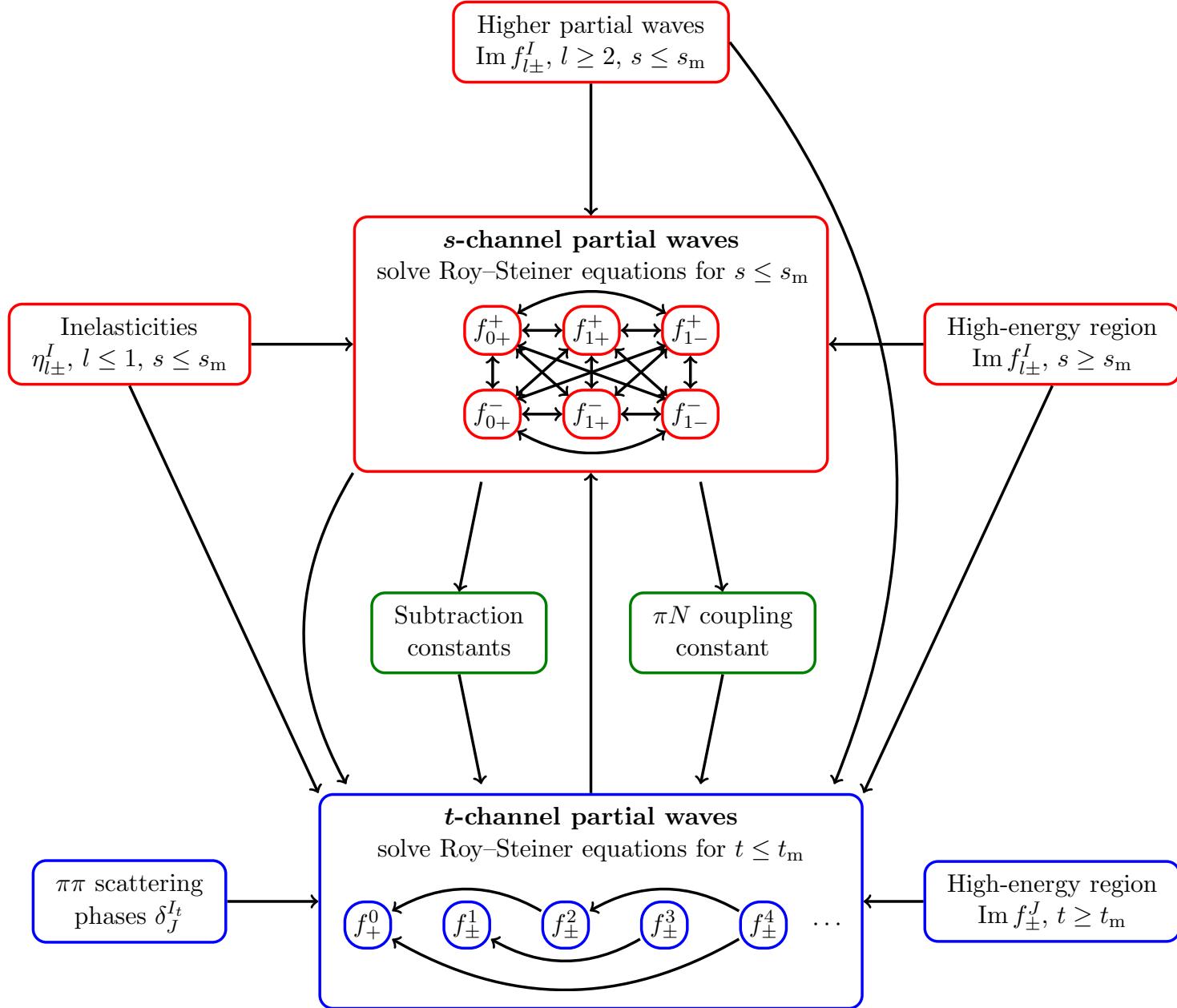
$$\sigma_{\pi N} = 59.1 \pm 3.5 \text{ MeV}$$

currently at odds with lattice QCD results

- consistency check: Karlsruhe–Helsinki input leads to Karlsruhe–Helsinki results
- chiral low-energy constants obtained algebraically from subthreshold coefficients → to be used in chiral NN potentials

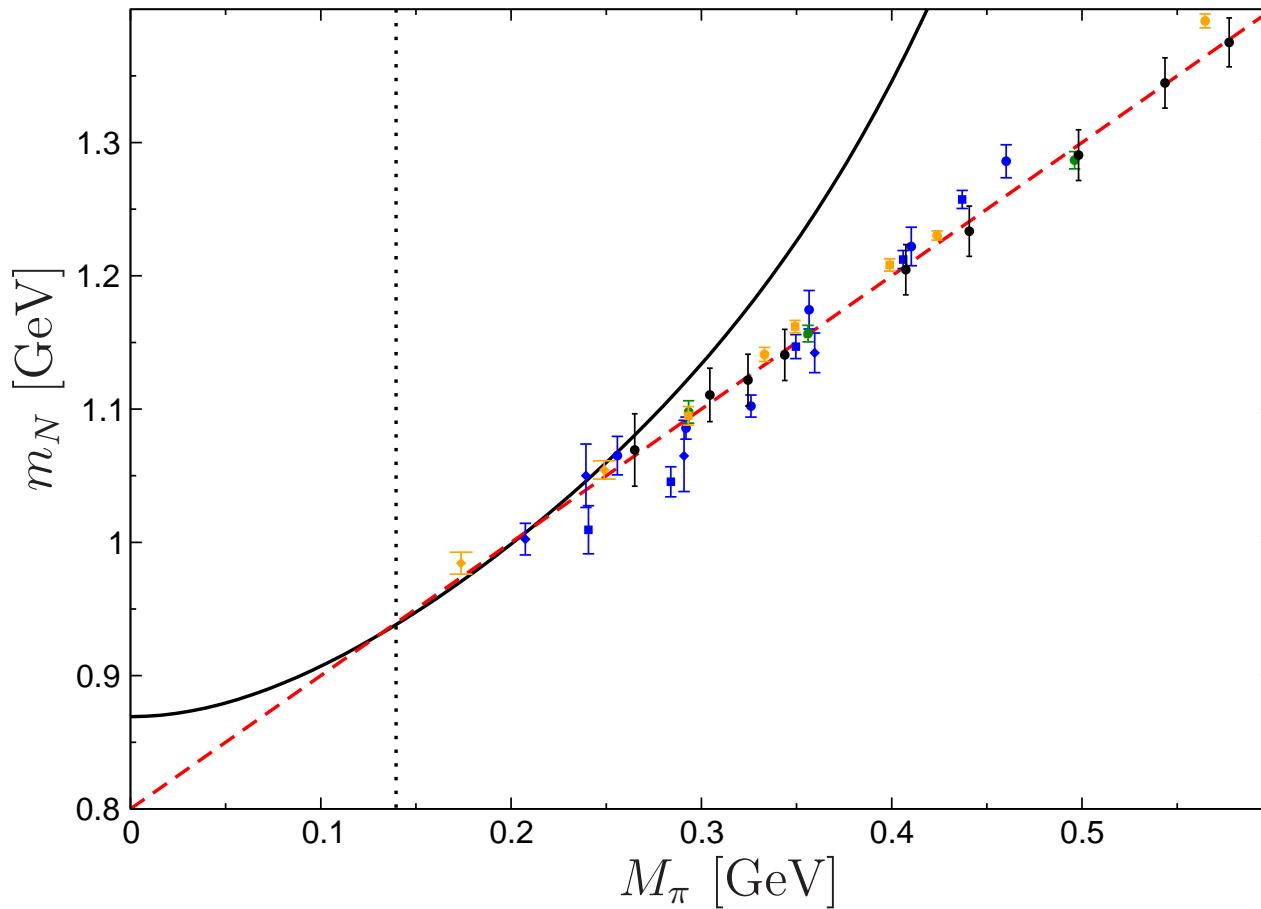
Spares

Roy–Steiner equations: information flowchart



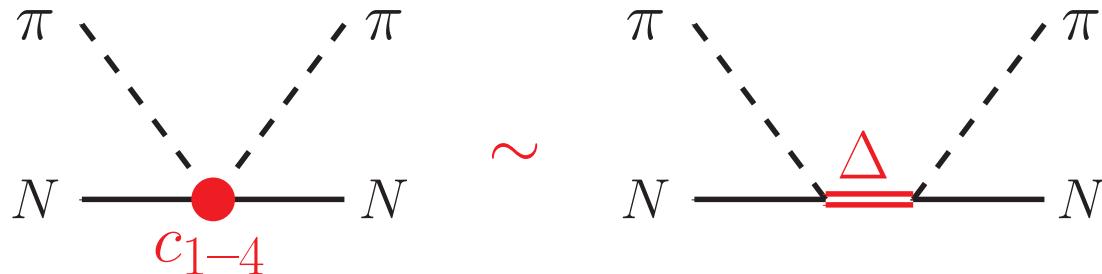
The “ruler plot” vs. ChPT

- pion mass dependence of m_N , using
 - ▷ c_1 from subthreshold matching to Roy–Steiner solution
 - ▷ combination of e_i from $\sigma_{\pi N}$



thanks to A. Walker-Loud for providing the lattice data

Including the $\Delta(1232)$ explicitly in ChPT



- large Δ effects slow down convergence of chiral series:

$$c_2^\Delta \approx 3.8 \quad c_3^\Delta \approx -3.8 \quad c_4^\Delta \approx 1.9$$

Bernard, Kaiser, Meißner 1997

- N and Δ become degenerate in the large- N_c limit
→ include Δ as explicit degrees of freedom Jenkins, Manohar 1991
- consistent EFT counting scheme: ϵ -expansion Hemmert et al. 1998

$$p = \mathcal{O}(\epsilon) \quad M_\pi = \mathcal{O}(\epsilon) \quad m_\Delta - m_N = \mathcal{O}(\epsilon)$$

- alternative: δ counting Pascalutsa, Phillips 2003

$$p = \mathcal{O}(\delta) \quad M_\pi = \mathcal{O}(\delta) \quad m_\Delta - m_N = \mathcal{O}(\delta^{1/2})$$

→ loops with Δ shifted to higher orders

Recent chiral phase-shift analyses

- $\mathcal{O}(p^3)$ IR + unitarisation Δ [KH, GW] Alarcón et al. 2011
- $\mathcal{O}(p^3)$ EOMS Δ , $\mathcal{O}(\delta^3)$ Δ [KH, GW, EM] Alarcón et al. 2013
→ $\sigma_{\pi N} = 59(7) \text{ MeV}$ [GW, EM] ($43(5) \text{ MeV}$ [KH]) Alarcón et al. 2012
- $\mathcal{O}(p^4)$ EOMS (Δ), $\mathcal{O}(p^4, \delta^3)$ (Δ) [GW] Y.-H. Chen et al. 2013
→ $\sigma_{\pi N} = 52(7) \text{ MeV}$ (Δ), $45(6) \text{ MeV}$ (Δ) *)
- $\mathcal{O}(p^4)$ EOMS, NN counting [KH, GW] Krebs et al. 2012
→ $\sigma_{\pi N}$ large [GW] or small [KH]
- $\pi N + NN$ fits to observables using amplitudes by Krebs et al.
→ $\sigma_{\pi N}$ large Wendt et al. 2014
- $\mathcal{O}(p^3)$ N/D unitarisation, CDD-poles for Δ and $N(1440)$ [KH, GW]
→ $\sigma_{\pi N} \approx 77 \text{ MeV}$ ("puzzle") Gasparyan, Lutz 2010

*) including lattice information; Δ amplitude may violate positivity constraints inside the Mandelstam triangle Sanz-Cillero et al. 2014